



# WARREN COUNTY COMBINED HEALTH DISTRICT

## Prevent-Promote-Protect



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## NEWS & INFORMATION

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Health Commissioner

### JUNE IS MEN'S HEALTH MONTH

#### BED BUGS

If you think you might have bed bugs or would like information on bed bugs, please contact the Warren County Combined Health District.

Our office can provide a brochure that describes the bed bug problem and offers solutions for both the property owner and the tenant.

You can contact our Environmental Health Division Staff if you have questions or to obtain a copy of this brochure at

513-695-1220,  
513-925-1220, 513  
-261-1220, or  
937-425-1220.

The purpose of Men's Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys. Alarming statistics show that men's health is at great risk. On average men die almost 6 years younger than women and suffer higher mortality rates for the top causes of death. The lives of



hundreds of thousands of men will continue to be threatened unless immediate action is taken to combat this growing crisis. Research shows that:

- ⇒ Men do not see physicians for a physical exam nearly as often as women
- ⇒ Men are dying of the top causes of death at higher rates than women
- ⇒ Men are more likely to be uninsured than women
- ⇒ Approximately 30,000 men in the US die each year from prostate cancer

Many men avoid going to the doctor. Maybe you're not comfortable talking about your health concerns, or maybe you feel OK and simply don't see any reason to see your doctor. But, if you are a man it is important for you to make preventative visits to your doctor.

***Celebrate Men's Health Month by scheduling a yearly check up with your physician today!***

### PUBLIC SWIMMING POOL INSPECTION PROGRAM

One of the Warren County Health Department's busiest programs during the summer months is our public swimming pool inspection program. Our environmental health staff conducts monthly inspections of 270 public swimming pools that operate in Warren County, Ohio. A public swimming pool is defined by the State Health Department as any indoor or outdoor pool that is intended to be used collectively for swimming, diving, or bathing and when it is not a private residential pool intended for use by a family or their guests. War-



ren County has such a large number of public swimming pools primarily because of the number of communities and neighborhoods who have public swimming pools as an amenity to their residents. In 2009 our environmental health staff conducted 2061 inspections of our public swimming pools, checking items such as water quality parameters (chlorine and pH levels), safety equipment (ring buoy and reach poles) and if a lifeguard is present that they are qualified. The vast majority of these public swimming

pools are only open during the summer/early fall months but we do have some public swimming pools (indoor) that operate all year round. The purpose of this program is to minimize the possibility that you or your family will contract a recreational water illness when you and your family use a swimming pool for recreational pleasure. If you notice a problem with your public swimming pool, be it cloudiness, green water, etc. please contact our environmental health division and we will have an inspector look into the situation immediately. Our environmental health division can be reached at 513-695-1220, 513-261-1220, 937-425-1220 or at 513-925-1220..

## TAKE PRECAUTION WHEN USING INSECT REPELLANTS

The Warren County Combined Health District recommends the following precautions when using insect repellents to protect yourself and your children from mosquitoes and ticks:

- Apply repellents only to exposed skin and/or clothing as directed on the product label. Do not use repellents under clothing.
- Never use repellents over cuts, wounds or irritated skin.
- Do not apply to eyes or mouth, and apply sparingly around ears. When using sprays, do not spray directly on face...spray on hands first and then apply to face.
- Do not allow children to handle the



product. When using on children, apply to your own hands first and then put it on the child. You may not want to apply to children's hands.

- Use just enough repellent to cover exposed skin and/or clothing. Heavy application and saturation are generally unnecessary for effectiveness. If biting insects do not respond to a thin film of repellent, then apply a bit more.
- After returning indoors, wash treated skin with soap and water or bathe. This is particularly important when repellents are used repeatedly in a day or on consecutive days. Also, wash treated clothing before

wearing it again. This precaution may vary with different repellents, so check the label.

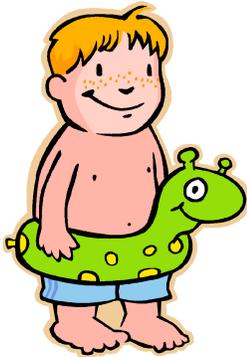
If you or your child gets a rash or other bad reaction from an insect repellent, stop using the repellent, wash the repellent off with mild soap and water, and call a local poison control center for further guidance. If you go to the doctor because of the repellent, take the repellent with you to show the doctor.

It should also be noted that the label for products containing oil of lemon eucalyptus specifies that they should not be used on children under the age of three years. Other than the precautions above, the Warren County Combined Health District does not recommend any additional precautions for using repellents on children or on pregnant or lactating women.

## SWIMMING POOL SAFETY AND SMALL CHILDREN

Every year about 260 children under the age of 5 drown in backyard swimming pools. Too often we hear the grieving parent state "I only looked away for a few seconds!" Unfortunately, just a few seconds is all it takes for a child to drown. Please follow these safety tips and perhaps we can avoid the tragedy of a child drowning:

- Know where your children are at all times.
- Use an approved barrier to separate the pool from the house. Fences should be at least 4-feet high.



- Never allow a child to be alone near a pool or any water source.
- Have life-saving devices near the pool, such as a pole/hook or a floatation device.
- Always have a phone near the pool.
- Keep large objects such as tables, chairs, toys, and ladders away from the pool fence.
- If you leave the pool area, take the child with you.
- Always have a "designated child watcher".
- If a child is missing, always look first in the swimming pool. Seconds count!
- Just because your child knows how to swim, they are not drown-proof.

- Never use floatation devices as a substitute for direct supervision.

Make sure that the entrances into the pool are not only latched but locked to.

Have a safe summer season and let's keep those children safe around the backyard pool.

### **June 14th is Flag Day**

**Fly it High  
Fly it Proud**



Don't Forget Dad on His Special Day—Father's Day is Sunday, June 20th