



## NEWS & INFORMATION

# WARREN COUNTY COMBINED HEALTH DISTRICT

## Prevent-Promote-Protect

NO. 287  
August 2009

Duane Stansbury, R.S., M.P.H.  
Health Commissioner

### Immunization Clinic For Children

#### Lebanon Office

"Walk-in" clinic held every Tuesday from 8:30 a.m. to 11:30 a.m.

Clinic hours also Tuesday, Thursday & Friday, 7:30 a.m. to 4:00 p.m.

by appointment only.

#### Franklin Office

Monday - Friday  
7:30 - 4:00 p.m.

by appointment only.

**PREVIOUS IMMUNIZATION RECORD IS REQUIRED.**

FEE: \$5.00 donation per immunization for administration.

**For an appointment call:**

#### Lebanon

513-695-1468, 513-261-1468, 513-925-1468, or 937-425-1468.

#### Franklin

937-746-1769

### H1N1 UPDATE

Warren County confirmed its first case of H1N1 flu in a 21 year old female on July 22, 2009. The Centers for Disease Control (CDC) continues to report additional confirmed human infections, hospitalizations and the nation's fatalities from the H1N1 flu outbreak, including cases in the Southwest Ohio region. The Warren County Combined Health District is continuing to work closely with state and local agencies to monitor the spread of the disease and provide guidance to individuals and families on what they can do to protect themselves. The symptoms of this new H1N1

flu virus in people are similar to the symptoms of seasonal flu and include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. A significant number of people who have been infected with this virus also have reported diarrhea and vomiting. There is currently not a H1N1 vaccine available. However, efforts are underway to develop a H1N1 vaccine that could be available this fall. While the amounts and delivery dates are uncertain at this time, the Warren County Combined Health District is

working with many community partners such as the schools and hospitals to determine the most effect way to distribute vaccine as soon as it becomes available. Although there is not a vaccine yet there are everyday actions you can take to protect your health. These actions are covering your nose and mouth with a tissue when you cough or sneeze, washing your hands often with soap and water, and avoiding close contact with sick people. For more information visit our website at [www.co.warren.oh.us/health](http://www.co.warren.oh.us/health) or The CDC website at [www.cdc.gov/h1n1flu](http://www.cdc.gov/h1n1flu).

### MEDICAL RESERVE CORPS

#### What is the Medical Reserve Corps (MRC)?

The MRC is a volunteer based group that brings health professionals and non medical personnel together to support local areas in a time of emergency. To be ready to provide help in a time of emergency, volunteers need to be trained and organized. A key function of the MRC is to provide members with special training and preparation.

#### Who Can Volunteer?

- The MRC is looking for:
- Licensed medical professionals and others with medical experience
  - Mental health professionals.

- People with other special skills
- Volunteers to provide basic support services

Volunteers must be at least 18 yrs. of age, working in their profession, inactive in their profession or retired.

#### What Will I Be Doing?

During a public health emergency, you may be asked to help staff an emergency pharmaceutical distribution site or staff an emergency alternative care clinic. During times of non-emergency, volunteers will receive free education and training. Each volunteer

The Warren County Combined Health District is working with national, state and local governments and civic agencies to develop and coordinate disaster response plans. Volunteers are desperately

needed to provide assistance and depth to our existing response team. For more information about the MRC please contact, Alicia Habermehl at [alicia.habermehl@co.warren.oh.us](mailto:alicia.habermehl@co.warren.oh.us) or 513-695-2475 or for information about the health department's Emergency Preparedness program for Public Health please contact Mike Merker at [mike.merker@co.warren.oh.us](mailto:mike.merker@co.warren.oh.us)



## BE PREPARED OHIO 2.0

As flu season approaches with much uncertainty concerning the spread of the H1N1 (swine flu) virus, *Be Prepared Ohio 2.0* will be the place to go for information and resources to help older adults and people with functional needs plan for pandemic flu and other emergencies.

*Be Prepared Ohio 2.0* is 9 a.m. – 3:15 p.m., Sept. 22, 2009, at the Sheraton Cincinnati North in Sharonville, Ohio. Conference information, including registration and sponsorship information can be found online at [www.help4seniors.org](http://www.help4seniors.org). Whether faced with a disease outbreak or a power outage like the one we experienced last fall, there are things we can do now to make sure older adults and people with functional needs are prepared for any type of emergency. Held as part of National Preparedness Month, *Be Prepared Ohio 2.0* is an



event for emergency responders, public health and social service agencies, people with functional needs and their caregivers. The event will include educational tracks for professionals (4 CEUs available), as well as the public. Admission is **free** for seniors, disabled persons, families, and caregivers. Dr. Steven Engler, director of the Center for Public Health Preparedness at the Cincinnati Health Department, is the keynote speaker. Dr. Engler will discuss the importance of individual and family preparedness, the issues we face with pandemic influenza, and the importance of community support and mobilization when a disaster does strike. He'll also share information about how area health departments are pulling together to provide relief during emergencies. Additional speakers from area public health departments, emergency management agencies, non-profits, and utility com-

panies will present workshops on topics including:

- Sheltering in place
- Surviving disasters with your pets
- Lessons learned from Ohio's Hurricane (Hurricane Ike, September 2008)
- Business continuity planning for agencies that provide support and services for older adults and people with disabilities
- Lessons learned for Ohio's deadliest nursing home fire (Golden Age Nursing Home, November 1963)
- Important information about power line safety from Duke Energy, including a "hands-on" high voltage demonstration

An exhibit hall will feature over 30 exhibitors with resources and information for emergency preparedness.

## BACK TO SCHOOL

It won't be long before we see the yellow buses in our neighborhoods. This is definitely a sign summer is almost over. The Warren County Health Department would like to remind parents to make sure their kids are ready to go to school. There are a few things parents can do to ensure a good physical and emotional start to school.

**HAVE YOUR CHILD'S VISION SCREENED.** It is very important to have this done because children may not realize that they cannot see well. Make sure your child's prescription is up-to-date. **HAVE YOUR CHILD'S HEARING TESTED.** Many school-age children have not been tested. If your child watches the television or listens to music very loudly, it may be a sign of hearing loss.

**IS YOUR CHILD ANXIOUS OR NERVOUS?** Most children are a little nervous in the beginning. It takes a little time to get in the routine of things. It is important to keep reassuring your

child that everything will be ok.

**START YOUR CHILD'S DAY WITH A NUTRITIOUS BREAKFAST.** Children who eat breakfast are more alert in class.

**ARE YOUR CHILD'S IMMUNIZATIONS UP-TO-DATE?** This is a perfect time to review your child's immunization record.



May sure they have what they need for school? The last thing you want is for your child to miss any school because of something that you could have prevented.

For more information about these services and immunizations contact the Child Health Clinic at the Warren county Combined Health District at 513-695-1468, 513-261-1468, 513-925-1468, or 937-425-1468.

For more information on the services and programs provided by the health department please visit our website at:

[www.co.warren.oh.us/health](http://www.co.warren.oh.us/health)

